

**The School District of Palm Beach County, Florida**  
**School Food Service Department**

**High School Approved A La Carte Beverages for SY 2013-2014**

Beverage	SFS Item #	Size	Meets	
			AHG	HUSSC
<b>Sysco Food Bid</b>				
<b>Zephyrhills Water</b>	2009	8 oz.	Y	Y
<b>Zephyrhills Water</b>	2008	16.9 oz.	Y	Y
<b>Juice (Aseptic) – Juicy Juice</b> Apple, Berry & Fruit Punch	2019 - ABC	4.23 oz.	Y	Y
<b>V8 Fusion</b> Pomegranate Blueberry Strawberry Banana Concord Grape	2035 A 2035 B 2035 C	8 oz.	Y	Y
<b>Fruit 66 – 100% Fruit Juice</b> Passion Fruit, Strawberry Melon, Tropical Fruit Punch	2037 ABD	8 oz.	Y	Y
<b>Gatorade G2</b> Grape, Glacier Freeze, Orange, Berry Clear	2022 ABCD	12 oz.	Y	N
<b>Arizona Iced Tea</b> Lemon, Raspberry, Green Tea	2014 ABC	11.5 oz.	N	N
<b>Fruit 20 Water – Sunny Delight</b> Lemon, Orange, Peach, Strawberry	2020ABCD	16 oz.	Y	N
<b>Island Oasis Smoothie</b> Assorted Flavors	See MO in WebSmartt	10.0 oz.	N	N
<b>Borden Dairy Company of Florida</b>				
<b>Milk</b> Skim Fat Free Chocolate 1% Low Fat Unflavored	4467 4470 4492	8 oz. 8 oz. 8 oz.	Y	Y
<b>M&amp;B</b>				
<b>Juice</b> Assorted Juice Flavors	See Order Form	4 oz.	Y	Y
<b>Snapple 100% Juiced</b> Assorted Flavors ( <i>Regular</i> )	2069	11.5 oz.	Y	N

**Alliance For A Healthier Generation’s Guidelines**

- ☞ Water in any size container
- ☞ Low calorie drinks – Any size container (≤ 10 cal/8 oz.)
- ☞ ≤ 12 oz. milk, light juice, juice, and sports drinks
- ☞ ≤ 150 cal/8 oz. fat-free or low-fat milk
- ☞ ≤ 120 cal/8 oz. 100% juice (NO added sweeteners) **AND** 10% DV for 3 micronutrients
- ☞ ≤ 66 cal/8 oz. light juices and sports drinks
- ☞ ≥ 50% beverages are water and no or low calorie options (≤ 10 cal/8 oz.)

**Healthier US School Challenge**

- ☞ Milk serving is limited to 8 oz.
- ☞ Fruit and Vegetable juices. 100% full strength with no sweeteners or non-nutritive sweeteners
  - ≤ 8 ounces
- ☞ Water (non-flavored, non-sweetened, non-carbonated, non-caffeinated, without non-nutritive sweeteners)

*Disclaimer: The intention of The School District of Palm Beach County’s School Food Service Department is to transition the sale of all a la carte beverages to align with the Alliance for a Healthier Generation’s Beverage Guidelines. Please note that although some beverages may not meet the AHG guidelines, all beverages listed on this document are **approved for purchase**.*